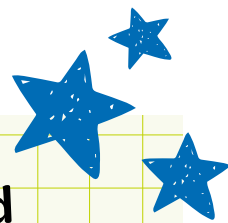


Join the Movement

A guide for teens who are ready to change the world



Of course a single person can make an impact

on the issues she cares about, but it's a whole lot easier to change minds and get support for the causes you care about when you've got like-minded friends on your side. Here's how to find your people and become a true member of your movement:

WANT TO LEARN MORE ABOUT CHANGING THE WORLD?

Visit [girlscouts.org/join](https://www.girlscouts.org/join) to become a member of the largest leadership organization for young women in the world.



- 1 Get talking.** Find friends and family who care about the same causes you do and ask how they take action, or think of ways you can join forces to get your message out. Think you're the only one in your town who cares about a certain issue? That's probably not the case. Others may feel the same but feel too shy or nervous about being the only one to voice their opinion—so take the lead and let people know how you feel. Hearing you speak out may give others the courage they need to chime in!
- 2 Dig deeper.** Go online to find nonprofit organizations or social groups that care about the same things you do. Knowing there are tons of other people who share your convictions will help you stay motivated, even when faced with people who disagree. Plus, these people and organizations will have ideas about how to take your cause even further and may have more access to people in power than you do.
- 3 Show up.** Physically turning up when it counts makes a real difference. Whether that means volunteering to set up tables at an event, making phone calls to raise awareness, or joining a march or other peaceful protest, your presence is important and helps show others how crucial the issue is.
- 4 Take action.** Now that you've found your people, you can really get to work. Team up to think of a project you could complete in your town to make things better. Whether you decide to teach a series of classes about your issue to educate other people—or plan an epic, statement-making march or rally—you'll find innovative new ways to create change and learn a thing or two about leadership when you put your heads together.
- 5 Claim your power.** Maybe you're not old enough to run for president, but you can run for student council and even speak at your city council meetings—both of which give you a platform and can help you not only spread the word but also influence decisions for the causes you care about most.
- 6 Pass it on.** Help educate others who might not know about your issue or who might have heard things about it that weren't true. The work necessary to create change in the world isn't usually easy, and can be pretty frustrating at times, but stay positive. You're fighting for what's right and what you believe in, and so are tons of other people like you. Basically? You've got this.